

THE APPARITION, THE TURTLE, THE COMA & THE 'BRAIN DEAD' PATIENT

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Concern yourself with the powerful unseen, unknown and eternal forces of the Universe which envelop and permeate us, stimulate us, energize us, heal us, guide and push us forward, or in the opposite, weaken us, sicken us, hinder us, harm us or destroy us. We readily identify many apparent and obvious concepts of life and take advantage of those concepts on a daily basis, such as washing our bodies for cleanliness, eating proper foods for nutritious health, exercising for strengthening the body's muscles, heart and other organs. If we stop at the obvious, we know less than animals which thrive with natural health. This is an ongoing story of the unseen, unknown and eternal forces which manifest miraculous, anecdotal and timely results.

Hurricane Sandy wreaked havoc on the Jersey shore residents and properties on October 29, 2012. On Wednesday, November 21, I received a call from the sister of a former Academy of Professional Hypnosis graduate, Phillip Grinnell, who, on the following day of the storm, on October 30, 2012 was helping his neighbor during the aftermath of Hurricane Sandy. There was a tree on his neighbor's property that had been damaged by the wind. The tree was located adjacent to a concrete sidewalk. Phil placed a ladder against the tree with the base of the ladder on top of the concrete. While cutting down branches of the tree, a branch broke knocking the ladder out from under him causing Phil to fall head first, straight down to the ground striking his head full force and entire body on concrete. He suffered a fractured skull, fractures of the face, undetermined neck and back injuries, and possible injuries to some organs. He was lucid for a day and then went into an induced coma but the doctors could not get him out of the coma for the 3 weeks that followed the coma inducement. The doctors tried everything including bringing the medication almost down to nothing. The extent of the injuries could not presently be determined due to the condition of the patient. All the forces of the accident and injuries are obviously 'seen and known'.

Last Tuesday, November 21, 2012 his wife Maya woke from her sleep and an 'apparition' materialized which was so definitive that Maya could clearly identify the figure. Maya saw Jesus hovering over the bed directly over where her husband slept in their home. Jesus' arms were out-stretched while floating over the bed. She received message of the kind that came suddenly to her mind. The message was that she should contact me to help her husband out of the coma. I had met Maya at one of the hypnosis meetings about 6 months before this, but she did not know my name, nor how to reach me so she discussed this with Phil's sister, Cheryl, and they went through Phil's papers and found another Academy graduate Shri's telephone number with whom Phil had become a friend in class. The friend was now living in Georgia, but had my telephone number. Maya had Phil's sister call me and told me about the accident. I learned of the apparition from Maya at the hospital but for the sake of clarity and understanding stated it out of chronological sequence. We made arrangements for me to go down to the Hospital two days later, Friday, November 23rd. Phil's sister told me that the doctors said that Phil is 'brain dead', but that she thinks that Phil put himself into a hypnotic

state in order to heal. I told Cheryl that I could help for I wanted to give her a positive feeling as I believe everyone in contact with a comatose patient sends out vibrations which the patient can feel and discern subconsciously. I also advised every family member that they had to pick themselves up and be very positive in the presence of Phil and to be positive out of Phil's presence. However, I immediately felt and believed that it could be done. It's not the same feeling that I get when I am 'trying' something to see if it will work, such as in Dr. Andy Weil's suggestion: "If it can't hurt, try it." Something immediately told me that we could bring Phil out of the coma. My wife, Joan and I drove the 62 miles to the hospital and discussed the approach that I would take as Joan is also a Consulting Hypnotist. When I went into Phil's room the shape of Phil and his plight was shocking. I could see that he was in a very large and strong neck brace, hands and feet were black on the bottoms, legs blistered, a respirator and a dialysis machine attached to him. There was a tracheotomy tube inserted into his throat. He was in a deep coma with eyes closed and breathing with the respirator. One or both of the machines made noise so I waited for them to stop. I met Phil's mother Sheila in the room. Every nurse and family member was required to put on rubber gloves when touching or administering to Phil in any fashion due to the high susceptibility for infection. It was a very serious and somewhat morose scene and environment. I learned that at least one member of Phil's family was at his side during visiting hours day and night.

I told my wife that I could not induce the hypnotic state because he was in the coma and I did not want to put him into a deeper coma. I would not use his safe & secret place either. (He was probably there already) I began with Energy work as I did not want to relax him any further. I brought energy to the trillions of cells in his brain, to all of his cells, systems and organs, and went through my usual energy routine. I made energy passes over his body from head to toe. His sister later told me that she felt that the room was filled with energy. I started programming him to return to present awareness through the energy work. Then I created a metaphor of a little turtle slipping and falling from the rocks while climbing, injuring his head and other parts of his body, who then ducked his head into his shell to heal and to avoid the fears of the outside reality. An older turtle came to see the little turtle and was telling him how the sun was shining outside of his shell; that it was good that he went into his shell in the beginning to heal, but now it was time to come out of the shell so that he may completely heal; that his family loved him very much and were all at his side waiting to see and talk to him again; etc., etc.... the little turtle then popping his head out of the shell into the sunshine, etc., etc. I continued with my Healing Room Imagery and introduced healing aspects that Phil had learned at the Academy. I continuously asked and commanded him to come back to present awareness. I also brought in the name of his Indian friend Shri as Phillip used to interpret certain phrases with an Indian accent, and the class had a great time; a lot of camaraderie. I topped it off with about 50 Affirmations. All in all it took 45 minutes for this. There was no change that we could see. I left the hospital around 1 PM . Two hours later Phil's sister called and screamed that Phil opened his eyes. His wife and mother were ecstatic. I was excited and thrilled, and asked her to keep me updated. Around 7PM the same night, his sister called to tell me that he now opens his eyes on command and sticks his tongue out to communicate. (*Phil's mother*

told me that one of the doctor's visited Phil after our hypnosis session and after he opened his eyes. The doctor attributed the eye opening to a 'cranial reaction' as traditional doctors tend to do, but he quickly changed his tune. He said the way to prove awareness was to ask Phil to stick out his tongue. Phil did so immediately and the doctor was truly amazed and taken back, and said that it was a miracle.) When questioned by his family, Phil answered affirmatively for certain music and also stuck his tongue out when asked if he wanted me to return to see him.

My wife and I visited Phil again 3 days later. His complexion appeared to get better color and the swelling of his face also appeared to be reduced. When his wife told him I was at the bedside, he distinctly opened his eyes. To respond there was movement of his tongue with his mouth open but it did not protrude. I did more energy work with him because he is short of energy. I brought the energy to his skull and face fractures and also into his vocal chords for them to start healing and for him to get used to using them and his voice again. His sister told me that he needed 2 pints of blood yesterday and that he was anemic with low blood pressure. I worked on his blood pressure levels targeting 120 over 70 by addressing the blood vessels and using the analogy/metaphor of a vessel being another name for a ship and that he was the captain of his ship and master of his fate and that he should sail all the ships (vessels) through all of the cells, systems and organs to bring the proper supply of blood and oxygen to them. He should steer his ship straight....steer his ship well. I always interjected increased awareness, health, strength, power and freedom. I ended with some appropriate Affirmations specifically reflecting what we addressed today. When the session was over, Phil's mother asked him if he was happy that Dr. Tony was there with him and he gave a very pronounced and distinct nod of his head. We also noted the slightest of smiles. A moment or so later he was asked another question and he nodded again a bit less this time.

On December 8th, we visited Phil again. The doctors have him off the ventilator intermittently, almost like teaching him to breathe on his own again. He sometimes panics without the ventilator helping him breathe. I worked with him telling him that we are one giant memory and that his lungs remember how to breathe as well his subconscious mind and his autonomic nervous system. I gave him some calming suggestions for when the ventilator is put into one phase of operation for less help from the ventilator instead of the 3 phases for breathing solely by the ventilator. I also told him of the true story of the author in Hawaii who got struck by a car and broke 30 or 40 bones. She was put into a full body cast and her family was told that she would never walk again, and that she would be in the cast for at least a year. She was wheeled out to the porch of her beach home every day and she would imagine that at first she was walking on the beach, then walking fast, and then running. She did this every day, many times a day for 4 months and the doctors took the cast off because she was responding to needle pricks in her feet. She was able to stand up and within a few weeks able to walk again. The doctors were amazed. He is aware, and sticks his tongue out when asked a question like : "Are you happy Tony is here", Then he is asked to give an Elvis smile and he lifts his lip. When asked "Who is the healer?", he mouths "me". From the

doctors initially saying that he was 'brain dead', to his present condition, then saying it is a miracle, and for us to keep up with energy work & affirmations after they learned of the hypnosis work with Phil. I really felt good seeing him respond today. His sister, wife and mother take turns reading the original Affirmations I prepared and also the Affirmations I prepared last week for his blood pressure, etc. Phil's blood pressure is back to normal now. I gave his mother written Affirmations today which I prepared for his breathing and immune system enhancement. I also gave her my CD "Immune System Enhancement" and told her to play it to Phil often, as repetition is so powerful. We shall continue working with Phil and now I must end this article as it is publication time. To be continued....God Willing!! BELIEVE!!

NB: This is a short note from Phil's sister, Cheryl: Thank you so much - I continue to read the one you gave me at our first meeting. I tell him that you ask about him all the time and I did tell him that you were sending me new affirmations and he smiled. I remind him daily "You are the doctor, You are the patient, You are the healer - You are the Captain of your vessel" the other day I said Who is the Doctor - he said me, I said who is the patient he said Me, I said who is the healer and he said me. I wanted to tell you as well that he is becoming more alert and is struggling with what is happening I think. He has had a fever the last few days but I was wondering if you could send some affirmations to help him focus on his breathing for the respirator. They take him off for a short time each day but he panics and I want to say something that will calm him or help him go to his stop. Thanks again for everything you have been a blessing. Please tell you wife hello for us.

CAVEAT: In strict compliance with the Ethics & Standards of our profession, always advise your clients who demonstrate symptoms of medical issues or psychological disorders to avail themselves of the best allopathic medical and psychological professional services that they can obtain. Request a written referral when warranted. Hypnotism is complementary to these traditional disciplines